BIRD FOOD INVESTIGATION

Leaving out food for garden birds is a great way to help them. Providing a variety of food all year round attracts different types of bird and makes sure they don't go hungry.

Why not have a go at investigating which foods your garden birds prefer.

You'll need:

- 3 different types of bird food.
 Some examples you could use include...
 - ♦ Peanuts
 - ♦ Black sunflower seeds
 - ♦ Sunflower hearts
 - ♦ Fat (perhaps with seeds in)
 - ♦ A raisin feeder
 - ♦ An apple feeder
 - ♦ Mixed seed
 - ♦ Nyger seed

- 3 x bird feeders
- Binoculars
- · Pencil and clipboard
- Printed recording sheet
- Stopwatch or other timer



How to do it:

Preparation

- Fill up your 3 bird feeders.
- Hang your feeders up outside, this could be from a tree, wall, fence etc. You should make sure that you can easily watch the feeders, but from a distance where you won't disturb the birds (perhaps watching them out of a window etc.).
- If possible leave the feeders for at least couple of weeks before starting the investigation, topping them up if needed. This will allow the birds to get used to them.
- Print out a recording sheet to use.
- Practice using your binoculars. Take care not to look directly at the sun and be careful of any straps.

Doing the investigation

- Find a spot to watch your feeders, watch the birds without recording for a few minutes to make sure you're not disturbing them with your presence.
- · Start the timer and record for 10 minutes.
- Watch the birds, using the binoculars if needed.
- Every time a bird 'visits' a feeder, record its species and what feeder it's on using a tally
 - ♦ A 'visit' counts as a bird landing, eating, then taking off again. If the same bird comes back again, count this as another 'visit'.
 - ♦ Identify species using our Garden Bird Spotter's Guide or other resources.

Remember

- Clean your feeders regularly to stop diseases spreading between birds
- Wash your hands after touching the feeders or food
- Be aware that allergies such as nuts could be triggered

BIRD FOOD INVESTIGATION RECORDING SHEET



| Bird species | Tally of visits to | | | |
|--|------------------------|------------------------|------------------------|--|
| | Feeder 1 Type of food: | Feeder 2 Type of food: | Feeder 3 Type of food: | |
| Robin | | | | |
| Blue tit | | | | |
| Great tit | | | | |
| Dunnock | | | | |
| House sparrow | | | | |
| Blackbird | | | | |
| Starling | | | | |
| Green finch | | | | |
| Goldfinch | | | | |
| Wood pigeon | | | | |
| Collared dove | | | | |
| Other write down the species if you know | | | | |

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BIRD FOOD INVESTIGATION - RESULTS

| , | is were made in tot | | | _ |
|---|---|---|--|---|
| What was the i | most popular type | of food? | | |
| What was the l | east popular type | of food? | | |
| What percent | age of all visits were | e made to each of the | 3 types of food? | |
| | Food 1 | Food 2 | Food 3 | |
| | | | | |
| You could cre | ate some graphs t | to present your resu | ts to others? You could try | |
| • A graph for e | ach type of food sh | owing how many of e | Its to others? You could try ach species have visited type of foods they visited | |
| A graph for eA graph for e | ach type of food sh ach species you've | owing how many of e | ach species have visited type of foods they visited | |
| A graph for eA graph for e | ach type of food sh ach species you've | owing how many of easeen, showing which | ach species have visited type of foods they visited | |

Further investigations

Try different foods. Pick another 3 types of food from the list and repeat the investigation with these.

Does location make a difference? Repeat the investigation using 3 of the same type of food but in different spots. Do you find that some locations are visited more than others? Why might this be?

Does time of year make a difference? Repeat the original investigation at a different time of year. For example compare the results for Spring and Winter. Are there any differences? Why do you think this is?

Research birds. Use books or the internet to find out more about your garden birds. Why do you think they eat different foods? What adaptations do they have to these different foods? Why is it important to feed garden birds?

GARDEN BIRD SPOTTER'S GUIDE



















Blackbird











